

## STARTERS

### **Granola Parfait**

Granola, plain Yogurt, Berries

### **Breakfast Bread of the Day**

Cranberry Orange Muffins

### **Bowl of Fruit**

### **Soup of the Day**

Clam Chowder

### **Tossed or Caesar Salad**

Dressing Options: Ranch, Blue Cheese,  
Balsamic Vinaigrette, Raspberry Vinaigrette,  
Italian, Caesar, Dijon Honey Mustard

## EGGS

### **Build Your Own Omelet**

Choice of Cheese, Meat,  
Vegetables, Hashbrowns

### **Eggs Your Way**

Egg Style of Your Choosing,  
Selection of Meat, Hashbrowns

### **Blue Corn Waffle**

Heart Blue Corn Waffle with  
two sides of your choice

### **Tamales with Eggs**

Pork Tamales with your choice Red  
or Green Sauce and two sides

### **Eggs Benedict**

Two Poached Eggs, English Muffin,  
Ham, Hollandaise Sauce, Hashbrowns

### **Breakfast bread choices:**

English Muffin, Cinnamon Raisin Bread,  
White, Wheat, Breakfast Bread of the Day

## LUNCH

*Includes soup, salad, entree, two sides and dessert.*

### **Homemade Meatloaf**

Ground Beef mixed with Carrots,  
Celery, Onions, Eggs, Oatmeal and  
Seasonings

### **Sesame Seared Tuna Steak with Sweet Chili Glaze**

Tuna steak seared to medium-rare  
topped with a Sweet Chili Glaze

### **Spinach & Mushroom**

### **Three-Cheese Quiche**

Pie Crust filled with Egg, Spinach,  
Mushrooms and Cheese Blend  
then baked

### **Vegetarian Entrée**

### **Market Entrée**

## SIDES

Bacon, Sausage, Turkey Sausage,  
Two Eggs, Additional Breakfast Bread

Sweet Potato Mash, Tater Tots  
Brussel Sprouts, Cauliflower